

# Health Screening and Vaccinations, By Age

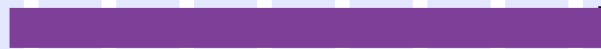
- **Vaccinations**
- **Disease Screening**
- **Cancer Screening**

**Frequency**

**Age to Administer**

0 10 20 30 40 50 60 70 80

Flu Vaccine



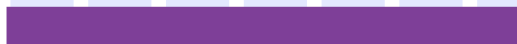
Everyone ages 6 months and older should.

HPV Vaccine



Two doses are recommended for people 11 to 15 years old and three doses for people 15 to 26.

COVID-19 Vaccine



One or two doses depending on the vaccine type.

Hepatitis C Screening



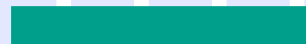
Adults ages 18 to 79 should have one-time blood.

STI + HIV Screening



Regular testing for sexually transmitted infections, including HIV, is based on sexual activity and other risk factors.

Cervical Cancer Screening



Women should be screened every 3 years from 21 to 30 years old, and every 5 years from 30 to 65

Lipid Panel



Lipid levels should be checked regularly with a blood test.

Diabetes Screening



Hemoglobin A1c, which measures blood sugar control over three months, should be checked regularly.

Breast Cancer Screening



Women should have their first mammogram between age 40 and 50, repeated every 1 to 2 years until 75.

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Colon Cancer Screening								Normal colonoscopies should be repeated every 10 years; normal stool screenings should be repeated annually.
Prostate Cancer Screening								Screening includes a physical exam and PSA blood test. Frequency determined by the physician based on personal risk.
Shingles Vaccine								Shingrix should be given in two doses, 2 to 6 months apart, even if the patient already received Zostavax.
Lung Cancer Screening								Anyone who has smoked the equivalent of one pack a day for 20 years should have an annual chest CT scan
Osteoporosis Screening								Women should have their first DEXA bone scan at 65, repeated as determined by their physician
Abdominal Aortic Aneurism Screening								Men between 65 and 75 years old who have ever smoked should have a one-time screening.

