

Explore Your Outdoors

a BINGO game adventure from Tillamook County Wellness

Visit nearby state parks, community trails, and other recreation sites for a chance at prizes!

B	I	N	G	O
Nehalem Bay State Park* ** (Manzanita)	Visit a City Park	Hoquarton Park & Trail** (Tillamook)	Bayocean Spit (Cape Meares)	Whalen Island County Camp-ground & Clay Meyers State Park (Tierra Del Mar)
Anderson Hill County Park (Port of Tillamook Bay)	Old Growth Cedar Wetlands Preserve & Trail** (Rockaway Beach)	Harborside Trail to Garibaldi Boat-house & Pier** (Port of Garibaldi)	Go Fishing	Neah-Kah-Nie Mountain (Manzanita)
Go to the Beach	Cape Meares State Park** (Oceanside)	 Free Space	Bud's Fitness Trail & Disc Golf** (Tillamook Jr. High School)	Climb the Sand Hill at Cape Kiwanda (Pacific City)
PC Pathways (Pacific City)	Sitka Sedge Trail (Sandlake)	Check out a Water Trail by Boat, Kayak, or Stand Up Paddle-board	Coal Creek Trailhead: Outback Trail (Nehalem)	Munson Creek Falls (Hwy 101 South)
Visit a Farmer's Market or the Food Roots Marketplace (foodrootsnw.org)	Adventist Health Exercise Station (Tillamook)	Kilchis Point Reserve Trails** (Bay City)	Cape Lookout State Park (Between Netarts & Sandlake)	Oswald West State Park (Manzanita)

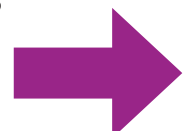


A program of Tillamook County Public Health

* \$5 parking fee

** Paved/Easy Access

SEE DETAILS



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Tillamook County Wellness is launching our “Explore Your Outdoors” BINGO game to help you get outdoors and explore nearby state parks, community trails, and other recreation sites. Some places are well-known and popular; others are just waiting to be discovered. By you!

HOW to PLAY – Visit the locations on the BINGO card and check them off as you go. Online cards are available if you want to play online at tillamookcountywellness.org. If you get five in a row, horizontally, vertically, or diagonally, you can enter to win a prize from Tillamook County Wellness! Anyone who gets a blackout (i.e. visits all the locations) will be entered to win a kayaking trip for two. **The challenge runs June 1 - July 31, 2023 and prize drawings will be held at the beginning of August.**

ENTER to WIN – Scan the QR code to the right, or visit tillamookcountywellness.org/move-well/great-places-to-get-moving and use the online form to submit your entry. **Entry form must be complete to be eligible to win prizes.**

Scan to enter



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PRIZES will include

Gift cards or products from:
Tillamook County Creamery and
other local businesses, Tillamook
County Parks, and more!

Questions? Visit our website at tillamookcountywellness.org/move-well/great-places-to-get-moving/ or email info@tillamookcountywellness.org